

## CPR

- ❖ Call GP/Nurse for help
- ❖ Confirm patient is unconscious
- ❖ Check if patient is breathing
- ❖ Clear airway if airway blocked  
(Utilise defib “Heart Start “ machine if one available)
- ❖ If not breathing, attempt artificial respiration
- ❖ If no pulse, attempt chest compressions
- ❖ Call for an ambulance 000

(It is recommended that **all staff** undergo basic CPR training annually)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## WHAT DO WE MEAN BY...

- ❖ Fever = temperature  $>38^{\circ}\text{C}$
- ❖ Collapse/Altered consciousness = confused, unconscious, altered behaviour
- ❖ Call for help = Alerting the Doctor or Nurse, without leaving the patient alone

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## CHEST PAIN

- ❖ Call GP/Nurse for help immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Make patient comfortable, sitting or lying
- ❖ If patient has history of chest pain or angina, suggest patient try their usual chest pain medication
- ❖ Prepare to administer oxygen, if instructed to do so by GP.
- ❖ Stay with the patient until help arrives
- ❖ Refer, if applicable to;
  - CPR prompt (front of book)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## BREATHING DIFFICULTIES/ TROUBLE TALKING

- ❖ Call GP/Nurse for help immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Sit patient comfortably
- ❖ Loosen tight clothing
- ❖ If patient is known to have asthma, suggest patient administers reliever medication (blue puffer) and assist patient if needed. Refer to “First aid for asthma” ( Front of book)
- ❖ Prepare to administer oxygen, if instructed to do so by GP
- ❖ Stay with patient until help arrives.
- ❖ Refer, if applicable to:
  - CPR prompt (Front of book)
  - Collapse/Altered consciousness (Category 1)
  - Facial Swelling & Rash (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## FACIAL SWELLING & RASH

- ❖ Call GP/Nurse for help immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Check if patient has history of severe allergic reaction or anaphylaxis and is carrying an Epipen. Assist patient to use Epipen. Refer Anaphylaxis plan (front of book)
- ❖ Watch for deteriorating conscious state.
- ❖ Watch for increasing difficulty in breathing
- ❖ Prepare to administer oxygen, if instructed to do so by GP
- ❖ Stay with patient until help arrives
- ❖ Refer, if applicable to:
  - CPR prompt (Front of book)
  - Collapse/Altered consciousness (Category 1)
  - Breathing difficulties/trouble talking (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## COLLAPSE/ ALTERED CONSCIOUSNESS

- ❖ Call GP/Nurse for help immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Check if patient has history of severe allergic reaction or anaphylaxis and is carrying an Epipen. Assist patient to use Epipen. Refer Anaphylaxis plan (front of book)
- ❖ Put on gloves.
- ❖ Check airway, breathing and pulse
- ❖ If unconscious lie patient on side. (Support head, neck and injured parts)
- ❖ Clear airway of debris if necessary.
- ❖ Prepare to administer oxygen, if instructed to do so by GP
- ❖ Patient must not eat or drink.
- ❖ Stay with the patient until help arrives
- ❖ Refer, if applicable to:
  - CPR prompt (Front of book)
  - Fitting (Category 2)

**NB: Poisons Information Centre Ph: 13 11 26**

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## FACIAL/LIMB WEAKNESS

- ❖ Call GP/Nurse for help immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Patient must not eat or drink
- ❖ Sit or lie patient down
- ❖ Prepare to administer oxygen, if instructed to do so by GP
- ❖ Stay with Patient until help arrives
- ❖ Watch for signs of increasing confusion altered consciousness or sleepiness
- ❖ Refer, if applicable to:
  - Collapse/Altered consciousness (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## EXTENSIVE BURNS

- ❖ Interrupt the GP/Nurse Immediately
- ❖ Call ambulance or go to emergency department if instructed to do so by GP or no GP present.
- ❖ Put on gloves
- ❖ Irrigate burn with cold running water for 20 minutes, wrap burned area in glad wrap or non-adherent type dressing (eg Melonin)
- ❖ Do not apply creams
- ❖ Keep patient warm
- ❖ Stay with Patient until help arrives
- ❖ Patient must not eat or drink
- ❖ Watch for signs of breathing difficulty & prepare to administer oxygen, if instructed to do so by GP
- ❖ Refer, if applicable to:
  - Breathing difficulties/trouble talking (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

# SICK PATIENT YOU HAVE CONCERNS ABOUT

- ❖ Call GP/Nurse for help immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Patient must not eat or drink
- ❖ Sit or lie patient down
- ❖ Prepare to administer oxygen, if instructed to do so by GP
- ❖ Stay with Patient until help arrives
- ❖ Refer, if applicable to;
  - CPR prompt (front of book)
  - Collapse/Altered consciousness (Category 1)

## FITTING

- ❖ Interrupt GP/Nurse immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Put on gloves.
- ❖ Turn patient onto their side, if possible or wait until fitting subsides.
- ❖ Prepare to administer oxygen, if instructed to do so by GP
- ❖ Ensure patient is safe (in case of more fitting).
- ❖ Stay with patient until help arrives.
- ❖ Patient must not eat or drink.
- ❖ Monitor for altered consciousness
- ❖ Refer, if applicable to:
  - Collapse/Altered consciousness (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
 Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## BLEEDING (Persistent or Heavy)

- ❖ Interrupt GP/Nurse immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Prepare to administer oxygen, if instructed to do so by GP
- ❖ Put on gloves.
- ❖ Sit or lie patient down
- ❖ Apply constant firm pressure to injured site with large pad and firm bandage.
- ❖ Elevate injured area if possible
- ❖ Do not remove any penetrating objects
- ❖ If nose/throat bleed be prepared for vomiting.
- ❖ Patient must not eat or drink.
- ❖ Be alert for fainting
- ❖ Stay with patient until help arrives.
- ❖ Refer, if applicable to:
  - CPR prompt (Front of book)
  - Collapse/Altered consciousness (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
 Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## SPINAL OR HEAD INJURY/TRAUMA

- ❖ Interrupt GP/Nurse immediately
- ❖ Call for an ambulance if instructed to do so or no GP present.
- ❖ Do not move the patient unless in extreme danger
- ❖ Patient must not eat or drink
- ❖ Put on gloves.
- ❖ Be prepared for vomiting
- ❖ Sit or lie patient down in a safe environment in case of fitting.
- ❖ Watch for signs of increasing confusion altered consciousness or sleepiness
- ❖ Refer, if applicable to:
  - Collapse/Altered consciousness (Category 1)
  - Fitting (Category 2)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## SNAKE BITE

- ❖ Interrupt the GP/Nurse Immediately
- ❖ Call ambulance or go to emergency department if instructed to do so by GP or no GP present.
- ❖ Put on gloves.
- ❖ Keep affected area still
- ❖ Apply a clean pressure bandage (not tourniquet)
- ❖ Patient must not eat or drink
- ❖ Refer, if applicable to:
  - Collapse/Altered consciousness (Category 1)
  - Facial Swelling & Rash (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## HEART PALPITATIONS

- ❖ Interrupt the GP/Nurse Immediately
- ❖ Call ambulance or go to emergency department if instructed to do so by GP or no GP present.
- ❖ Sit or lie patient down
- ❖ Prepare to administer oxygen, if instructed to do so by GP.
- ❖ Watch for altered conscious state, chest pain, vomiting
- ❖ Stay with patient until help arrives
- ❖ Refer if applicable to:
  - CPR prompt (Front of book)
  - Collapse/Altered consciousness (Category 1)
  - Chest pain (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## IN LABOUR/ RUPTURED MEMBRANES

- ❖ Interrupt the GP/Nurse Immediately
- ❖ Call ambulance or go to emergency/labour ward if instructed to do so by GP or no GP present.
- ❖ Lie patient down (not on back)
- ❖ Prepare to administer oxygen, if instructed to do so by GP.
- ❖ Patient must not eat or drink
- ❖ Offer sanitary pads if needed
- ❖ Stay with patient until help arrives
- ❖ Refer, if applicable to:
  - Bleeding (Persistent or heavy) (Category 2)

PGPN acknowledges the Dandenong Casey General Practice Association and the SENSW Poppuns in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## NECK STIFFNESS/ALTERED CONSCIOUSNESS

- ❖ Interrupt the GP/Nurse Immediately
- ❖ Call ambulance or go to emergency department if no GP present
- ❖ Put on Gloves
- ❖ Watch for rash, headache, fever, neck stiffness, altered consciousness (Possible meningitis)
- ❖ Escort patient to treatment room and make comfortable
- ❖ Do not let patient eat or drink
- ❖ Refer if applicable to:
  - Collapse/Altered consciousness (Category 1)

## UNABLE TO URINATE

- ❖ Interrupt the GP/Nurse Immediately
- ❖ Call ambulance or go to emergency department if instructed to do so by GP or no GP present.
- ❖ Escort patient to treatment room and make comfortable (Patient may prefer to walk, sit or lie)
- ❖ Tell patient where the toilet is located
- ❖ Patient must not eat or drink

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## UNWELL INFANT

- ❖ Advise GP/Nurse now
- ❖ Call ambulance or go to emergency department if no GP present
- ❖ If Parent/carer extremely concerned alert GP/Nurse immediately
- ❖ Be alert for changed in child's condition, neck stiffness/altered conscious state
- ❖ Refer, if applicable to:
  - Sick Patient you have concerns about (Category 1)
  - Collapse/Altered consciousness (Category 1)
  - Facial Swelling & Rash (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication..

## POISONING/ OVERDOSE

- ❖ Advise GP/Nurse now
- ❖ Call ambulance or go to emergency department if no GP present.
- ❖ Try to identify type of poison and quantity
- ❖ Put on gloves
- ❖ Be alert for vomiting
- ❖ Do not induce vomiting/Unless instructed by poison information centre
- ❖ Do not give patient food or drink
- ❖ Monitor for altered level of consciousness
- ❖ Refer if applicable to:
  - CPR prompt (Front of book)
  - Collapse/Altered consciousness (Category 1)

**NB. Poisons Information Centre Phone: 13 11 26**

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## EYE INJURY/ CHEMICAL IN THE EYE

- ❖ Advise GP/Nurse now
- ❖ Call ambulance or go to emergency department if no GP present.
- ❖ Sit patient down
- ❖ Do not allow patient to rub or touch eye
- ❖ Do not rub or touch patients eye
- ❖ Do not remove foreign body
- ❖ Do not apply drops or creams
- ❖ Patient must not eat or drink
- ❖ Call ambulance if instructed to do so

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## PAIN (SEVERE)

- ❖ Advise GP/Nurse now
- ❖ Call ambulance or go to emergency department if no GP present.
- ❖ Put on gloves
- ❖ Assist patient to sit/lie in most comfortable position.
- ❖ Be prepared for vomiting
- ❖ Patient must not eat or drink
- ❖ Watch for altered conscious state
- ❖ Stay with patient until help arrives
- ❖ Call for ambulance if instructed to do so
- ❖ Refer if applicable to:
  - Sick patient you have concerns about (Category 1)
  - Chest pain (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## INJURED LIMB/POSSIBLE FRACTURE

- ❖ Advise GP/Nurse now
- ❖ Call ambulance or go to emergency department if no GP present.
- ❖ Assist patient to sit/lie in most comfortable position
- ❖ Patient must not eat or drink
- ❖ Do not move the limb.
- ❖ Offer support to affected limb (eg pillow)
- ❖ Be alert for fainting of patient or carer
- ❖ Refer if applicable to:
  - Collapse/Altered consciousness (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## UNWELL CHILD/ELDERLY >24 hours:

- fever
- vomiting
- diarrhoea
- Pain
- ❖ Discuss with GP or Nurse
- ❖ If carer is concerned interrupt the GP/Nurse
- ❖ Put on gloves
- ❖ Take patient to treatment room with accompanying parent/carer
- ❖ Be alert for vomiting
- ❖ Show patient/carer where toilet is located
- ❖ Ensure Patient is okay to be left alone
- ❖ Patient must not eat or drink
- ❖ Refer if applicable to:
  - Sick Patient you have concerns about (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## PREGNANCY:

- Pain or bleeding
- Reduced movement
  
- ❖ Discuss with GP or Nurse
- ❖ Sit patient down or lie on side (not on back)
- ❖ Offer sanitary pads if needed
- ❖ Be alert for fainting
- ❖ Do not allow patient to eat or drink
- ❖ Ensure Patient is okay to be left alone

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## ABUSE OR ASSAULT

- ❖ Inform the GP or Nurse
- ❖ Assist the patient to a quiet, safe room if possible
- ❖ Do not allow patient to undress
- ❖ Stay with patient until GP or Nurse arrives
- ❖ Refer to other prompts applicable to any injuries/symptoms the patient may have

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## VISUAL DISTURBANCE

- ❖ Inform the GP or Nurse
- ❖ Watch for headache or vomiting
- ❖ Stay with patient until help arrives
- ❖ Refer if applicable to:
  - Collapse/Altered consciousness (Category 1)
  - Neck stiffness/altered consciousness (category 2)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## PATIENT/CARER WITH EXTREME CONCERN

- ❖ Discuss with GP or Nurse.
- ❖ Escort patient to quiet, safe room if possible
- ❖ Refer, if applicable:
  - Collapse/Altered consciousness (Category 1)
  - Psychological distress prompt (Category 4)
  - Sick Patient you have concerns about (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## PSYCHOLOGICAL DISTRESS

- ❖ Discuss with GP or Nurse
- ❖ Do not leave the patient alone.
- ❖ Call ambulance or go to emergency department if no GP present.
- ❖ If possible escort patient to quiet, safe room.
- ❖ Ensure your own personal safety, if in danger leave the room and implement your safety plan
- ❖ Monitor for altered consciousness
- ❖ Refer if applicable to:
  - Collapse/Altered consciousness (Category 1)
  - Poisoning/overdose (Category 3)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## UNWELL CHILD/ELDERLY <24 hours:

- fever
- vomiting
- diarrhoea
- Pain
  
- ❖ Inform the GP or Nurse
- ❖ If carer is concerned interrupt the GP/Nurse
- ❖ Put on gloves
- ❖ Take patient to treatment room with accompanying parent/carers
- ❖ Be alert for vomiting
- ❖ Show patient/carers where toilet is located
- ❖ Patient must not eat or drink
- ❖ Ensure Patient is okay to be left alone
- ❖ Refer if applicable to:
  - Sick Patient you have concerns about (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010

Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## RASH (SEVERE)

- ❖ Inform the GP or Nurse
- ❖ Take to treatment room (with parent/carers if applicable)
- ❖ Ensure Patient is okay to be left alone
- ❖ Refer, if applicable to:
  - Facial Swelling and rash (Category 1)
  - Breathing difficulties/trouble talking (Category 1)
  - Neck Stiffness/altered consciousness (Category 2)
  - Unwell child/elderly (Category 4 or Category 5)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010

Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## CUT / LACERATION

- ❖ Inform GP or Nurse
- ❖ Take to treatment room (If applicable)
- ❖ Put on gloves
- ❖ Be alert for fainting of patient or carers
- ❖ Offer more padding to cover if needed.
- ❖ No food and drink.
- ❖ Refer, if applicable to:
  - Bleeding/persistent or Heavy (Category 2)
  - Injured limb/possible fracture (Category 3)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010

Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## SEVERE FLU LIKE SYMPTOMS

- ❖ Inform GP or Nurse
- ❖ Ask patient to clean hands with Hand gel
- ❖ Patient to wear a mask especially if coughing
- ❖ Isolate in either room or car
- ❖ Ensure Patient is okay to be left alone.
- ❖ Wash own hands with hand gel or at sink immediately after dealing with patient
- ❖ Avoid touching your own face.
- ❖ Implement any pandemic flu plan you may have in place
- ❖ Refer, if applicable to;
  - Breathing difficulties/trouble talking (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010

Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## ADULT WITH PERSISTENT FEVER, BUT OTHERWISE WELL

- ❖ Inform the GP/nurse
- ❖ Ensure the patient is comfortable may want to sit or lie down
- ❖ Ensure Patient is okay to be left alone
- ❖ Refer, if applicable to:
  - Sick Patient you have concerns about (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## POST-OP PROBLEMS

- ❖ Inform the GP/nurse
- ❖ If nose/throat bleeding post-op refer to:
  - Bleeding/persistent or Heavy (category 2)
- ❖ Ensure the patient is comfortable may want to sit or lie down in treatment room
- ❖ Put on gloves
- ❖ Be alert for vomiting
- ❖ No food or drink
- ❖ Ensure Patient is okay to be left alone
- ❖ Refer, if applicable to:
  - Bleeding/persistent or Heavy (Category 2)
  - Pain severe (Category 3)
  - Rash severe (Category 5)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010  
Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## EYE OR EAR INFECTIONS / PAIN

- ❖ Inform the GP or Nurse
- ❖ Ensure the patient is comfortable may want to sit or lie down in treatment room
- ❖ Ensure Patient is okay to be left alone
- ❖ Refer, if applicable to:
  - Unwell child/elderly (Category 4 or Category 5)
  - Pain severe (Category 3)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010

Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.

## ADULT WITH CONTINUOUS VOMITING AND/OR DIARRHOEA FOR >24HOURS

- ❖ Inform the GP or Nurse
- ❖ If patient is concerned interrupt the GP/Nurse
- ❖ Take patient to treatment room
- ❖ Put on gloves
- ❖ Be alert for vomiting
- ❖ No food and drink
- ❖ Show patient where toilet is located
- ❖ Ensure Patient is okay to be left alone
- ❖ Refer if applicable to:
  - Sick Patient you have concerns about (Category 1)

PGPN acknowledges the Dandenong Casey General Practice Association in the development of this brochure Revised 2010

Peninsula GP network expressly disclaims all and any liability to any person (whether a reader of this publication or not) who acts or fails to act as a consequence of reliance upon the whole or any part of this publication.