

This list represents Allied Mental Health Professionals contracted to the PGN ATAPS Project providing focused psychological interventions and other evidence based therapeutic interventions.

Unless otherwise indicated, all listed AHPs are also registered with Medicare Australia to provide counselling services under the Better Access to Mental Health Care Initiative and Better Outcomes in Mental Health Care (BOMH) on referral from a GP who has completed a GP Mental Health Care Plan (2710).

This list is not exhaustive and does not represent all allied health professionals within the area.

To search for other allied health professionals contact the relevant peak bodies :

- Psychologists:** <http://www.psychology.org.au/FindaPsychologist>  
**Social Workers:** [www.aasw.asn.au/about/prof\\_practice/mental.htm](http://www.aasw.asn.au/about/prof_practice/mental.htm)  
**Occupational Therapists:** [www.ausat.com.au](http://www.ausat.com.au)

Name	Phone	Fax	Address	Specialty Area
<b>Dianna Mikkelson</b>	0434 101 420	03 5983 2321		Psychologist - Adolescents, adults and geriatrics. Individual, couple and family therapy. Diagnostic issues, depression, anxiety, grief/loss, addictions, relationship problems, dual diagnosis.
<b>Jan Heath</b>	0419 506 615	5975 8634	61 Eramosa Road West Somerville 3912	Drug & Alcohol Forensic Psychology Child Sexual Assault, Sexual Assault, Victims of Crime
<b>FRANKSTON</b>				
<b>Susan Boxshall</b>	9781 3300	03 9781 3399	1b Vera Street Frankston 3199	Mental Health Social Worker - Koori, anxiety, depression, parenting, family violence, pain management
<b>Melanie Canning</b>	0434 820 164		25 Yuille Street Frankston 3199	Trauma, mental illness, drug & alcohol
<b>Christine Carter</b>	9783 7724	9783 7769	117 Frankston Flinders Road Frankston 3199	Psychologist - Hypnotherapy, weight loss, smoking, phobia, anxiety. Relationship, children, adolescents, parenting, PTSD, eating disorders,
<b>Fulvia Dee</b>	9781 3300	03 9781 3399	1b Vera Street Frankston 3199	Psychologist. Works with individuals, couples and families. Anxiety, depression, trauma, grief & loss, mental disorders, behavioural issues, violence. Medicare, TAC & Workcover
<b>Gina Di Scala</b>	9769 6447	03 9770 5417	57 Bondi Avenue Frankston 3199	Social Worker - Couple's Therapist assessment and Therapy for parents and infants, couples, adults, families, children and adolescents, trauma, grief and loss, anxiety, depression and parenting. Registered provider with Medicare.

<b>Name</b>	<b>Phone</b>	<b>Fax</b>	<b>Address</b>	<b>Specialty Area</b>
<b>Ramsay Dixon</b>	0422 188 635	9781 4797	371 Nepean Highway Frankston 3199	Depression & mood disorders; anxiety disorders incl panic, phobias, OCD; Trauma incl PTSD; personality disorders; alcohol & drug abuse; chronic disease mgt; coping with medicinal diagnosis & health anxiety
<b>Shona Dutton</b>	9783 3222		110 Skye Road Frankston 3199	Adolescent & adult mental health, anxiety & depression, assertiveness/low self-esteem, anger management, behavioural problems, drug & alcohol
<b>David Entwisle</b>	9781 0155	03 9781 0166	Suite 7, Level 3 54-58 Wells Street Frankston 3199	Children's mental health, relationship & family counselling, men's mental health, personality disorders, depression, anxiety disorders, grief & loss, substance abuse & self harm issues
<b>Christine Ffrench</b>	9783 7724	9783 7769	117 Frankston Flinders Road Frankston 3199	Counselling Psychologist - Hypnosis, PTSD, trauma, depression, anxiety, gambling, smoking cessation, relationships, parenting, sleep disturbance, grief, stress, parenting, victims of crime. VVCS, VOCAT, WorkCover, Carers Victoria, Medicare and Private Health Funds
<b>Tonya Gabriel-Brennagh</b>	8774 4560	8774 4560	Suite 1 37 Mereweather Avenue Frankston 3199	Psychologyt - Hypnosis, sex therapy, family therapy, all ages - couples and children
<b>Ann Garden</b>	9770 5307	03 9770 5417	57 Bondi Avenue Frankston 3199	Registered Mental Health Practitioner; Family Therapist and Hypnosis. Adults, couples and families; adolescents and children. Aspergers and intellectual disabilities, PND, trauma. Registered provider for Workcover, VSA. Registered provider under Mental Health Nurse Incentive Program
<b>Jan Hayes</b>	0401 641 069		29 Nursery Avenue Frankston 3199	Child, parent & family therapy, anxiety & depression
<b>Gordon Hinrichsen</b>	9783 4161	03 9781 2055	360A Nepean Hwy Frankston 3199	Psychologist - hypnotherapy, depression, anxiety, relationship and personal issues.
<b>Anne-Marie Hyde</b>	9783 7724	9783 7769	117 Frankston Flinders Road Frankston 3199	Psychologist - adolescent health and welfare issues, anxiety, depression, trauma, eating disorders, parenting and couples
<b>Helen Jarvis</b>	0407 551 443	03 9781 3399	1b Vera Street Frankston 3199	Psychologist - Assessment and therapy with individuals aged 15 years + anxiety panic disorder posttraumatic stress disorder obsessive compulsive disorder depression grief and loss bipolar disorder schizophrenia personality disorders and addictions.

<b>Name</b>	<b>Phone</b>	<b>Fax</b>	<b>Address</b>	<b>Specialty Area</b>
<b>Page Johns</b>	0400 459 935		46 Playne Street Frankston 3199	Psychologist - depression, anxiety, anger management, drug & alcohol dependency, bereavement, panic disorder, youth & adolescents, grief, gambling issues, parenting skills, couples counselling
<b>Anita Kopiec</b>	9769 6503		17 Hastings Road Frankston 3199	Psychologist - Depression, anxiety, adjustment to disability and injury, adolescent, couple and family therapy. Fluent in Greek.
<b>Winnie Lau</b>	9781 0155	03 9781 0166	Suite 7, Level 3 54-58 Wells Street Frankston 3199	Psychologist - depression, anxiety, panic attacks, personality disorders, alcohol and drugs, vocational counselling, separation and attachment disorders.
<b>Casey Logan</b>	0450 476 707	9770 0014	Suite 1 40 Young Street FRANKSTON 3199	Stress management, anxiety & depression, relationship issues, grief & loss/trauma counselling, anger management, parental/adolescent mediation, parenting techniques/behaviour management
<b>Inge Macaitis</b>	9770 5307	03 9770 5417	57 Bondi Avenue Frankston 3199	Social Worker / Counsellor - individual, child and family counselling, acute stress disorder, PTSD, anxiety, depression, drug and alcohol
<b>Elizabeth Macmillan</b>	9783 7724	9783 7769	117 Frankston Flinders Road Frankston 3199	Clinical Psychologist - Hypnosis, CBT practitioner, anxiety, depression, chronic illnesses
<b>Leigh McLachlan</b>	0404 907 766		Suite 3, 20 Clarendon St Frankston 3199	Psychologist - anxiety, depression, psychosis, adjustment disorders, addictions, migrant welfare and training for health professionals. Holistic system approach
<b>Karen Parker</b>	0412 640 263	03 9770 5417	57 Bondi Avenue Frankston 3199	Child & adolescent mental health, Aspergers & Autism D & treatment, Neuropsychological
<b>Vladas Petrulis</b>	9781 5177	03 9781 5077	61 Beach Street Frankston 3199	Psychologist - hypnotherapy, depression, anxiety, stress, family conflict, pain and anger management
<b>Carol Schulz</b>	9781 0600	9770 1789	143 Frankston Flinders Road Frankston 3199	Clinical and Counselling Psychologist - major depression, anxiety, trauma, addictions, individuals, couples, families, children 5+
<b>Carol Schulz</b>	9781 0600		176 Beach Street Frankston 3199	Clinical and Counselling Psychologist - major depression, anxiety, trauma, addictions, individuals, couples, families, children 5+
<b>Lisa-Marie Scott</b>		03 9787 5483	265 Humphries Road Frankston 3199	Anxiety, Depression, Perinatal, Eating Disorders

Name	Phone	Fax	Address	Specialty Area
<b>Jillian Searle</b>	9781 0155	03 9781 0166	Suite 7, Level 3 54-58 Wells Street Frankston 3199	Psychologist - depression anxiety phobia PTSD substance abuse relationship issues performance enhancement sleep grief & loss OCD relaxation
<b>Campbell Thompson</b>	9783 9990	97837455	361 Nepean Hwy Frankston 3199	Psychologist
<b>Mirella Timi</b>	0412 150 725	9773 2776	108 - 120 Young St Frankston 3199	Psychologist Migrant, youth, unemployed, work injured, mature aged, relaxation, depression, anxiety, stress, anger management
<b>Jill Trinca</b>	9787 4266	9787 0095	265 Humphries Road Frankston 3199	Psychologist - depression, anxiety, PTSD, adoptees, wards of the state
<b>Petti Tsoudis</b>	9781 3300	03 9781 3399	1b Vera Street Frankston 3199	Clinical Psychologist - 20 years experience in psychiatry; psychiatric disability support and area mental health services, trauma/sexual assault. Preference in interpersonal therapy.

#### LANGWARRIN / KARINGAL

<b>Valerie Carwardine</b>	9750 5624	03 9789 9009	73 Apple Berry Ave Langwarrin 3910	Psychologist - Hypnosis, families, anxiety, childhood trauma and abuse, grief, parenting, sexuality issues, transgender
<b>Micheal Papasava</b>	9841 8397		65 Cranbourne Road Langwarrin 3910	Psychologist - trauma, anxiety, depression, victims of crime.

#### MORNINGTON

<b>Dimitra Arthur</b>	0437 816 543		941 Nepean Hwy Mornington 3931	Psychologist - Assessment and therapy of children and adolescents for most childhood onset mental health disorders
<b>Miriam Brookens</b>	03 5976 8443	03 5976 8447	1 Ross Street Mornington 3931	Psychologist - depression, anxiety, personality disorders, bipolar, drug abuse, sleep problems, forensic clients
<b>Catherine Caballero</b>	5976 8443	03 5976 8447	1 Ross Street Mornington 3931	Psychologist
<b>Susan Copeland-Heath</b>	0423 500 484		Suite 5, 1A Main St Mornington 3931	Drug & Alcohol issues, grief/loss trauma, anxiety & depression, child & adolescent MH, anger & stress mgt, relationship counselling, therapeutic modalities
<b>Aila Copland</b>	5975 8844		3/338 Main Street Mornington 3931	Psychologist - young adults, adults, couples, anxiety, depression. Over 18 years of age only

<b>Name</b>	<b>Phone</b>	<b>Fax</b>	<b>Address</b>	<b>Specialty Area</b>
<b>Barbara Dickson</b>	5976 2399	03 5975 7755	3/338 Main Street Mornington 3931	Counselling Psychologist - depression, anxiety, stress, grief and trauma. All ages
<b>Charmaine Holmes</b>	5975 0799	5975 0001	91 Robertson Drive Mornington 3931	Individual & family therapy Any life crisis all ages grief depression anxiety anger parenting couple issues incl sexual family violence grief
<b>Steven Kent</b>	5976 8443	03 5976 8447	1 Ross Street Mornington 3931	
<b>Peter Kyriakoulis</b>	5976 8443	03 5976 8447	1 Ross Street Mornington 3931	Clinical Psychologist - Fluent in Greek, psychopathology and diagnosis. Adult Adolescent Child Couple Family. PTSD CBT Humanistic Mindfulness Psychodynamic
<b>Phillip Milligan</b>	5977 2665	03 5977 2567	5/211 Main Street Mornington 3930	Psychologist - depression, anxiety, grief and loss, trauma, children learning issues, parenting, educational and behavioural assessments.
<b>Ryan Morgan</b>	0400 065 668		3 Fifteen Corporate Centre, 1F, Level 1 315 Main StreetMornington 3931	ADHD autism anger depression anxiety panic sleep disorders migraine headaches brain injury attention disorders
<b>Ari Patrikis</b>	5976 8443	03 5976 8447	1 Ross Street Mornington 3931	Psychologist - Diagnosis and treatment of mood anxiety adjustment impulse control and substance related disorders. Adult adolescent child. Relationship therapy family mediation. CBT Motivational Interviewing Acceptance and Commitment Therapy.
<b>Gabrielle Pegrem</b>	5976 8443	03 5976 8447	1 Ross Street Mornington 3931	Psychologist - Mood disorders, disengaged youth
<b>Derek Poupard</b>	5975 0799	5975 0001	91 Robertson Drive Mornington 3931	Psychologist - Anxiety, depression, pain management, adjustment to injury, relationship counselling, grief, loss and stress
<b>Margaret Walker</b>	5976 8443	03 5976 8447	1 Ross Street Mornington 3931	Clinical Psychologist
<b>Debbie Withers</b>	0419 302 238	5986 7500	119 Tanti Ave Mornington 3931	Psychologist - family therapy, couples, families, anxiety, depression, grief and loss, trauma, adjustment issues
<b>MT ELIZA</b>				
<b>Ilona Bell</b>	9787 3185	03 9708 3185	1321 Nepean Hwy Mt Eliza 3930	Psychologist and educational consultant.

<b>Name</b>	<b>Phone</b>	<b>Fax</b>	<b>Address</b>	<b>Specialty Area</b>
<b>Nevenka Brkljaca</b>	9787 5055	03 9787 5233	1301 Nepean Hwy Mt Eliza 3930	Clinical Psychologist - Psychotic & personality disorders, drug & alcohol, children, adolescents, adults
<b>Timothy Doyle</b>	9787 4550	9787 9557	1396 Nepean Hwy Mt Eliza 3929	Clinical Psychologist -
<b>Joan Elizabeth</b>	0421 779 874	5971 3263	Suites 1&2 188 Humphries RoadMt Eliza 3930	Parenting, child/parent interaction, family counselling, child & teens, childhood development difficulties/disorders, general adult counselling
<b>Barbara Lach</b>	9787 5055	03 9787 5233	1301 Nepean Hwy Mt Eliza 3930	Adult mental health, forensic psychology, mood disorders, anxiety disorders, adjustment problems, eating disorders, addiction, personality disorders
<b>Margaret Loffler</b>	9787 6834		Ti Tree Family Clinic 118 Mt Eliza RoadMt Eliza 3930	Psychologist - Relationship issues, sexual abuse, self esteem, confidence building, grief and loss, parent and adolescent issues, depression, anxiety, sexuality, childhood disorders, pain management, eating disorders.
<b>Janet Mason</b>	9787 5055	03 9787 5233	1301 Nepean Hwy Mt Eliza 3930	Counselling Psychologist - hypnotherapy, grief, parenting, couples, eating disorders, forensic issues
<b>Jennifer McGowan</b>	9708 8866	03 9708 8175	135 Mt Eliza Way Mt Eliza 3930	Clinical Psychologist and CBT specialist, personality disorders, post and ante natal, depression, anxiety
<b>Ian Stapleton</b>	9787 5055	03 9787 5233	1301 Nepean Hwy Mt Eliza 3930	Psychologist & Hypnotherapist - pain management, acquired brain injury & memory deficit treatment. Aspergers & related disorders, physical & intellectual disabilities
<b>Dianne Summers</b>	9787 3185	03 9708 3185	1321 Nepean Hwy Mt Eliza 3930	Psychologist - Children, youth, diagnostic, cognitive & intellectual assessments, development disorders, aspergers & related disorders
<b>Cathryn Trigg</b>	9787 4550	9787 9557	1396 Nepean Hwy Mt Eliza 3929	Clinical Psychologist - Child/adolescent, Family, parents, individuals, interest in infant mental health

#### **PORT PHILLIP BAY AREA - DROMANA, McCRAE, ROSEBUD, RYE, SORRENTO**

<b>Pamela Armstrong</b>	0409 857 602		13 Iolanda Street Rye 3941	Psychologist. Hypnosis. Women, couples, teenagers. Couples and relationship counselling; anxiety, depression, stress, panic attacks, phobia, grief and loss issues, mindfulness, sleep, pain management, confidence, motivation. Registered provider Medicare, private health providers, Workcover/TAC.
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Name	Phone	Fax	Address	Specialty Area
<b>Anne Boscutti</b>	5985 8170	03 5986 7500	168 Jetty Road Rosebud 3939	Mental Health Social Worker, family therapist. Adolescent family conflict trauma, grief and loss, complex life transitions; sexual identity issues. Assessment and psycho education. Registered provider with Medicare.
<b>Freya Hinrichsen</b>	0408 883 309		687 Pt Nepean Road McCrae 3938	Counselling Psychologist - depression, anxiety, addictions, grief, play therapy, gambling and addictions, life transitions.
<b>Malenka Polkowski</b>	0412 301 779	03 5986 6973	17 Mitchell Street Rosebud 3939	Psychologist - Extensive experience with adults who suffered early childhood trauma, sexual abuse, domestic violence. Depression, anxiety and dissociative symptoms including self harm
<b>Susan Young</b>	0403 266 989		Suite 3 1243 Point Nepean Road Rosebud 3939	Social Worker with 10 years experience. Interest in depression, anxiety, PTSD, relationships and parenting. Psycho-education, CBT, interpersonal therapeutic strategies, communication skills training and relaxation. Medicare registered.

## SEAFORD

<b>Lyn Benson</b>	0417 114 520	03 9776 8492	PO Box 410 Seaford 3198	Counselling Psychologist and Family Therapist specialising in issues including relationship; parenting; childhood sexual abuse issue; problem gambling; anxiety and depression. Sees couples, individuals and families.
<b>Stuart Brinkworth</b>	9786 6192	03 9786 7265	294 Frankston Dandenong Road Seaford 3198	Psychologist - youth and adults, anxiety, depression, grief and loss, relationship difficulties, parenting, self esteem
<b>Maria Cassar</b>	9549 2764		15 Clovelly Parade Seaford 3198	Psychologist - Children and adolescents, high risk groups, family mediation, depression, anxiety, anger management, grief and loss
<b>Christina Hereford</b>	9786 7265	03 9786 7265	294 Frankston Dandenong Road Seaford 3198	Psychologist - Educational and development, vocational, critical incident, PTSD, relationships, grief, loss, anxiety, depression
<b>Alex Loh</b>	9786 6192	03 9786 7265	294 Frankston Dandenong Road Seaford 3198	Depression, anxiety, management of stress, pain, anger, sleep difficulties, enhancing confidence & self-esteem, grief & loss, school & workplace bullying, addiction, domestic violence, relationship & family issues, social anxiety,
<b>Rachel McGregor</b>	9786 6192	03 9786 7265	294 Frankston Dandenong Road Seaford 3198	Psychologist - child psychology, parenting, autism

Name	Phone	Fax	Address	Specialty Area
<b>Brooklyn Storme</b>	0431 520 662	03 9786 7265	294 Frankston Dandenong Road Seaford 3198	Anxiety Depression Rehabilitation Occupational/vocational psychology Youth: Bullying Eating Disorders Family Relationship Breakdown
<b>Sofia Volkov</b>	9786 6192	03 9786 7265	294 Frankston Dandenong Road Seaford 3198	Clinical Psychologist - anxiety, depression, drug & alcohol, grief, vocational rehabilitation, victims of crime, domestic violence, perinatal depression
<b>WESTERNPORT BAY AREA - HASTINGS, BALNARRING, SOMERVILLE</b>				
<b>Gregory McCracken</b>	0422 322 970		3/8 Albert Street Hastings 3915	Psychologist - Anxiety, depression, addiction, adjustment & conduct disorders. Ages - 9 - 70
<b>Dianna Mikkelson</b>	0434 101 420	5979 3436	44 Victoria St Hastings 3915	Psychologist - Adolescents, adults and geriatrics. Individual, couple and family therapy. Diagnostic issues, depression, anxiety, grief/loss, addictions, relationship problems, dual diagnosis.
<b>Jill Moore</b>	0419 877 280		Warrawee House 87 Warrawee RoadBalnarring 3926	Counselling Psychologist - Previously employed in schools and Community Health, in private practice for 15 years. Particular area of interest is in working with clients who face the challenge of managing the emotional impact of chronic physical illness.
<b>Barbara Rimington</b>	5983 2245		4/53 Victoria St Hastings 3915	Psychologist. General counselling and assessment related to anxiety, stress and depression. Also relationships, social skills, self esteem and parenting issues. Registered provider with TAC, VWA & HIC
<b>Ana-Paula Schaper</b>	0417 792 443		Studio 24, Balnarring Village 3050 Frankston Flinders RdBalnarring 3926	Psychologist -